

Community Resources for Covid-19

Nutrition Supports

North					
	Town/City	Days	Times	Meal Type	Comments
Pope John Paul Charity Center Rt 8 Across from Walgreens	Adams	Wednesday	11:00-1:00	Pantry	(413)743-0577 to confirm
Adams Council On Aging 3 Hoosac St	Adams	M-F	See Notes	Grab-and-Go	Must Call Ahead (413)743-8333
North Adams Council on Aging 116 Ashland St	North Adams	M-F	See Notes	Grab-and-Go	65+ year old - Must Call One day in advance to reserve meal (413)664-9826
First Baptist Church 131 Main St	North Adams	Saturdays	11-12:30	Meal Site Take out only	Call to confirm (413)652-7619
Food Bank of Western MA Moblie Food Bank At American Legion 91 American Legion Dr	North Adams	1st & 3rd Friday of the Month	10:00-11:00	Food Bank	
Food Bank of Western MA Moblie Food Bank At Adams COA	North Adams	2nd & 4th Tuesdays	10:00-11:00	Food Bank	Bring your own bag
Salvation Army 393 River St	North Adams	Tuesdays	12:00-3:00	Meal Site Take out only	Curb side pantry distribution Home delivery to those effected by COVID-19 Call (413)663-7987
Al Nelson Friendship Center @ St. Elizabeth Parish Center 70 Holder St	North Adams	Wednesday	10:00-4:00	Pantry	Devlivery is available please call (413)666-0123 on Wednesday
Berkshire Dream Center Mobile Pantry	North Adams	1st Wednesday of the Month	See Notes	Pantry	5pm Mohawk Forest 6pm Brayton Hill
Berkshire Food Project 134 Main St	North Adams	M, W, F	11:30-1:00	Meal Site Take out only	Two hot meal picked up inside. Please wait in line for someone to inform you on when to enter to practice social distancing
ROOTS Teen Center 48 Eagle St	North Adams		See Notes	Pick Up	Meals by appointment, contact Paula Buxbaum (413)663-0250
Cheshire Council On Aging 80 Church St	Cheshire	M-F	See Notes	Grab-and-Go	Must call in advance (413)743-9719
Cheshire Food Pantry 119 School St	Cheshire	1st Saturday of the month	11:00-12:00	Pantry	This is located at the Senior Center. For emerfencies call Carol (413)329-2212
American Legion/VFW 144 Old State Rd.	Lanesborough	Friday	9:00-11am	Pantry	413-442-1025
Stephentown Federated Church 1513 Garfield Rd (Country Route 26)	Stephentown, Hancock	Saturdays	9:00-11:00	Pantry	Weather Permitting
Williamstown food pantry @ Saint Patrick & Raphael Parish 53 Southworth St	Williamstown	Wednesday	9:30-12:00	Pantry	Enter church grounds form the mission park drive entrance north of the church and exit onto southworth Street
Community Bible Church 160 Bridges Rd	Williamstown	3rd Wednesday of the Month	12:00-2:00	Pantry	Can also call for appointments (413)663-6094
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	Town/City	Days	Times	Meal Type	Comments
St. Agnes Church Food Pantry 489 Main St	Dalton	Thursday	5:00-6:00	Pantry	Dalton & Hilltown Residents (413)684-0125

Dalton United Methodist Church Food Pantry 755 Main St	Dalton	Tuesday	4:00-6:30	Pantry	For all Berkshire Country residents, call to confirm hours (413)684-0521
Dalton Senior Center 40 Field St	Dalton	Monday and Thursday	12:00-1:00	Meal Site	Must enroll with Elder Services first. Need 24 hour notice, call (413)684-2000
First Congregational Church of Hinsdale now located at Hinsdale Trading Company 371 Old Dalton Rd	Hinsdale	Thursday	10:00-11:00	Pantry	Delivery Only, Call to arrange (413)655-2670
Becket Federated Church parish House 3381 Main St	Becket	1st & 3rd Saturday of the month	9:00-11:00	Pantry	For Emergencies call (413)770-1897
Jewish Federation @ Knesset Israel 16 Colt Rd	Pittsfield	M-T-TH	12:00	Grab-and-Go	Kosher, Senior meals Call for reservations (413)442-2200
Berkshire Dream Center Mobile Pantry	Pittsfield	3rd Wednesday of Every Month	See Notes	Pantry	4pm Central Annex 4:45pm Providence Court 5:30pm Berkshire Peak Apartments
Berkshire Dream Center (held at the Morningside Baptist Church) 475 Tyler Street	Pittsfield	Tuesdays	4:00-5:00	Pantry	
Christian Assembly 850 Williams St	Pittsfield	Fridays	10:00-1:00	Pantry	
Christian Center 193 Robbins Ave	Pittsfield	M-F	10:00-2:00	Pantry	(413)443-2828
Christian Center 193 Robbins Ave	Pittsfield	M-F	12:00-1:00	Meal Site	Hot meals serves outside.
First Baptist Church 88 South Street	Pittsfield	Monday	5:30-6:30	Meal Site	(413)445-4539
First Baptist Church 88 South Street	Pittsfield	Tuesdays	10:30-12:30	Pantry	
St Stephen Parish 67 East St	Pittsfield			Meal Site	Call to confirm hours (413)448-8276
St. Joseph's Church (Held at the Parish Center) 414 North Street	Pittsfield	Wednesday	9:00-10:00	Pantry	
St. Mark's Church 400 West Street	Pittsfield	Last 2 Fridays of the month	9:00-11:00	Pantry	
Soldier On 360 West Housatonic St	Pittsfield	Saturdays	8:00-11:00	Pantry	(413)236-5644
The Salvation Army 298 West Street	Pittsfield	W-F	10:00-2:00	Pantry	access once per week
The Salvation Army 298 West Street	Pittsfield	M-F & Sunday Dinner	10:30-11:30 & 4:30-5:30	Meal Site	
South Congregational Church 110 South Street	Pittsfield	Wednesday and Thursday only	7:30-11:00	Pantry	(413)442-7357
South Congregational Church Mobile Food Delivery 110 South Street	Pittsfield	Monday	Call for Times	Pantry	Deliveries as needed; call (413) 442-7357
St. Josephs Kitchen at South Congregational Church 110 South St	Pittsfield	Dinner W and Breakfast W & Th	4:30-5:30 & 8:00-9:00	Grab-and-Go	(413)445-4539

The Campus Cupboard of Berkshire Community College Susan B Anthony Building	Pittsfield	M-F	9:00-5:00	Pantry	Must call for appointment (413)236-1601 Requires BCC Student ID
Western Mass Recovery Learning Center 150 North St	Pittsfield	Saturdays	1:00-3:00	Pantry	Please text Nancy at (413)841-8935 to verify day/time
First United Methodist Church 55 Fenn St	Pittsfield	See Notes	See Notes	Pantry	(413)499-0866 M-T-F 8:00-9:00am T 4:00-6:00pm 2nd & 3rd & 5th Sat 11:30-1:00
Pittsfield Senior Center 330 North St	Pittsfield	M-F	11:00-12:30	Grab-and-Go	Call 24 Hour before for reservation (413)499-9346
Price Memorial Ame Zion Church 163 Linden St	Pittsfield	Saturdays	11:00-1:00	Grab-and-Go	Bagged lunches to go, Call Connie (413)358-8393
Lenox COA Community Center 65 Walker St	Lenox	M-W-F	12:00-12:30	Grab-and-Go	Must reserve meal two days in advance by calling (413)637-5535. Building is locked so please knock. If new to programs forms will need to be filled out.
Lenox Meal Devlivery Hotline	Lenox			Delivery	(413) 637-4787 One meal per day to any lenox resident
Lenox Ecumenical Food Pantry in United Methidish Church 6 Holmes Rd	Lenox	Saturdays	10:00-11:00	Pantry	
South					
	Town/City	Days	Times	Meal Type	Comments
Lee Food Pantry 45 Railroad St	Lee	Saturdays	10:00-12:00	Pantry	(413)266-1141
Sheffield Food Assistance @ Old Parish Church 125 Main St	Sheffield	Monday	9:00-10:00	Pantry	(413)229-2624
Sheffield Senior Center 25 Cook Rd	Sheffield	W-TH-F	11:30	Grab-and-Go	Through Elder Services - call 24 hours ahead for reservation (413)229-7037. \$2 suggested donation
Breaking Bread Community Supper @ American Legion	Sheffield	Thursday	5:00pm	Grab-and-Go	(413)229-7037 Call to RSVP Free to all
People's Pantry 5 St. James Place	Great Barrington	Monday & Thursday	5:00-6:30 & 9:30-1:00	Pantry	
Food Bank of Western MA Moblie Food Bank CHP 444 Stockbridge Rd	Great Barrington	1st Tuesday	11:00-12:00	Food Bank	
Berkshire South Community Center 15 Crissey Rd	Great Barrington	Wednesday	1:00-3:00		Distributing 500 meals through the Nourishing Neighbor's Program, limited delivery available
Other Food Supports					
	Contact Information				Comments
ROOTS Teen Center 48 Eagle St	Contact Alex, Hicks-Courant at dropin@rootsteencenter.com or call 413-663-0250				Youth (12-22 years old) that participate will receive a free weekly box of the ingredients, including locally sourced produce, to use to make the recipes in the videos

North Adams Farmers Market	(413)664-6180	Expected to launch the week of 4/13/20 Accepting EBT payments and doubling up to \$30 in benefits. Delivering in North County
Square Roots Farm	(413)446-1446 farmers@sqaurootsfarm.org	Offering a home delivery service, place orders through their website. Accepts SNAP.
Mountain Girl Farm	(413)663-9761 mountaingirfarm@yahoo.com	Offering a home delivery, please contact to order accepts SNAP & HIP
Roots Rising Virtual Farmers Market	https://www.rootsrising.org/virtualfarmersmarket	Launch on April 6th, 2020, Delivery option that is free for SNAP card holders, seniors and those who have lost their job due to COVID. Pick up is also a option (730) Tyler St)
Massachusetts Food Delivery	https://massfooddelivery.com/	Farm fresh food delivered to your door
Meals On Wheels Elder Services of Berkshire County, Inc.	(413)499-0524	Monday-Friday, home delivered lunch for residents 60 or older.
Whitney's Farm and Market	https://whitneysfarm.com/	Curbside Pick-Up
FoodSource Hotline	1(800)645-8333	This hotline connects people struggling to put food on the table with SNAP benefits and other food resources in their community. Monday - Friday from 8am-7pm Saturday from 10am - 2pm
Financial, Housing & Utility Supports		
	Contact Information	Comments
Neighbor-to-Neighbor Fund	http://www.berkshiretaconic.org/bReceivebNonprofitsIndividuals/SearchApplyforGrants/NeighborToNeighborN2N.aspx	Emergency assistance for local residents who are in economic distress through small grants to help with overdue utilities, medical bills, short term housing costs, and transportation problems. Checks are written to the vendor (landlord, utility company, pharmacy or mechanic) on behalf of the community member in need.
Berkshire County Regional Housing Authority	https://bcrha.com/ (413)443-7138	Housing & Consumer Education Programming Dispute Resolution Services Comprehensive Legal and Educational Counseling Services Pre & Post Foreclosure Counseling Homelessness Prevention/Tenancy Preservation Services Homelessness Resolution and Housing Search Assistance Anti-poverty Resources
18 Degrees Emergency Childcare	(413)448-8281 ext 211 eweller@18degreesma.org	Emergency Childcare of essential workers Open 7:30am - 5:30pm March 31 - May 2, 2020
Emergency child care services for essential employees	https://eeclead.force.com/resource/1584913293000/EEC_EmergencyProviderList	Please visit this website for a contact list of all emergency child care services.
The Department of Public Utilities	(617)305-3500	Suspending all shut-offs of gas and electric utilities, including municipal light and gas plants, for residential customers during the #COVID19 State of Emergency.
National Grid	ngrid.com/covid-19.	Temporarily suspended collections-related activities, including service disconnections, to lessen any financial hardship. This will stay in effect at least until the end of April.
Eviction/Foreclosure Protection	https://www.masslegalhelp.org/covid-19/housing	Use this link to the Mass Legal Help fact sheet or FAQ on the statewide moratorium on evictions and foreclosures.

Assurance Wireless	https://www.assurancewireless.com/partner/bpsearch?utm_source=internal&utm_medium=bing&keyword=assurance%20wireless&device=c&msclkid=2c488bceefa71ab08c34d56c30051064	Unlimited Domestic Calling and texting plus an extra 20 GB Data though 5/20/20. Visit their website for more information.
Berkshire Community Action Council	Central/South: (413)445-4503 North: (413)663-3014	If you were recently laid off apply for fuel assistance through BCAC by calling the number provided. This program can also help with free Tax prep and Loan programs.
Spectrum	1(800)488-8398	Free internet access for students.
Honda Financial Services	1(800)457-9929	If in need and cannot pay car payment - call number given and they will allow 3 month of non payment with no penalty.
Comcast	https://www.internetessentials.com/covid19	2 months of internet essentials for new clients in low income families impacted by COVID
Bartender Relief Fund	https://www.usbgfoundation.org/beap	Bartender emergency assistance program, applications required, please follow the link to apply.
Covid-19 Emergency Response Fund for Berkshire County	To apply, email requests to berkshireuw@email.com They will require you answer a few questions.	Berkshire Taconic Community Foundation and Berkshire United Way has launched resources for 501c organization working with communities who are disproportionately impacted by the coronavirus and the economic consequenced of this outbreak

Family Supports

	Contact Information	Comments
Multilingual Factsheet	https://www.kingcounty.gov/covid	Public health factsheet in 11 languages
P-EBT	https://www.fns.usda.gov/snap/eligible-food-items	Food Support for Families, Cards will be mailed in May. Families will receive \$5.70 per child per day if you qualify for free or reduced lunch. Follow link for specific items you can purchase.
Food Transportation	Williamstown or Adams Council Of Aging	if a ride is needed to pick up groceries
Berkshire Community Diaper Project	https://www.berkshirecommunitydiaperproject.com/need-diapers	Please follow this link fro locations on Diapers in your area
Child Care of the Berkshires & NBCC	(413)663-7588	Emergency Diapers
Reduced BRTA Bus Service	https://www.berkshirerta.com/publicannouncements.php	Please check the website for changes to the bus schedule alone with other BRTA announcements.

Substance Use Supports

	Contact Information	Comments
Pause A While	(425)436-6360 Access Code 422932#	Free conference call for AA meetings @2pm everyday.
1 Day at a Time	https://zoom.us/j/773878425 Or call in 1(646)876-9923 Meeting ID: 773 878 425	Zoom meeting for AA. 10pm EST 7 days a week. featuring a 15 minute speaker or topic followed by group discussion.
SROL (Smart Recovery Online Community)	https://www.smartrecovery.org/community	Warm and caring online community where participant interact and help one another recover from addictive behaviors. Registration is required to access SMART recovery online message board, chat room, and online meetings.

Narcotics Anonymous	https://www.na.org/meetingsearch/	Online meetings
Spectrum Health Systems	(413)442-0402	Still currently seeing patients
Savida Health	North Adams: (413)398-5180 Pittsfield: (413)236-9100	MAT Appointments virtually, 100% of medical and counseling visits through telehealth. For individual with no smartphone, please call contact information as other options are available for you.
CleanSlate Addiction Treatment Centers	(413)347-4088	Still seeing patients, will move to telehealth in future if necessary with pharmacy pick up for medications.
Brien Center	(413)499-0412	Using telehealth and phone based therapy. Injection clinic is still open, only one patient at a time. Day treatment programs are open to referrals and re-opening virtually
First Steps Together Families In Recovery Support	(413)887-2004	Still accepting referrals and offering telehealth including Peer Based Recovery Support, individual counseling and support groups virtually.
Tapestry Health	(413)443-2844	Needle Exchange: Still open for needle exchange and narcan. Willing to give more supplies than normal to limit visits. No current testing Preventative Health: using telehealth with no in-person visits, can provide birth control and support for other that may have been exposed to an STI.

Mental Health Supports

	Contact Information	Comments
Crisis Text Line	Text "Connect" to 741741 www.crisistextline.com/textline	Text line if you are anxious about COVID-19
North Berkshire EOC Hotline	(413)662-3614 email: nbcovid@gmail.com	8am - 5pm Monday through Friday answering questions related to COVID-19, regarding what services you may need as well as additional resources in your community
Parent Support Groups	https://zoom.us/j/6607380697 or Dial in 1(646)558-8656 Meeting ID 6607380697#	Mon 3/23 at 9am & 4:30pm Tues 3/24 at 8am & 6pm Wed 3/25 at 9am & 4pm Thur 3/26 at 12pm & 5pm
Parental Stress Line	(800)632-8188	24-7 Free & Confidential hotline for parental anxiety. Which can help address the following questions How do I protect my children? what do I tell them? or simply, how do I keep them busy when thier is no school?
GriefShare	https://www.griefshare.org/groups/search	General Support for those who have experienced loss
Coping Skills tool-kit	www.virusanxiety.com	Resources to help you manage anxiety and stress during this time
The Berkshire Chapter of the National Alliance of Mental Illness	(413)445-1136	Set up a number so people can call t speak about coping with tough times, such as the COVID-19 pandemic. Open every day until 8:00pm

National Alliance on Mental Illness	https://namimass.org/online-and-phone-support-options/	Many in-person peer and family support options have been temporarily suspended. Please visit this website to find options accessible during this time.
Veterans Crisis Line	(800)273-8255 and Press 1, or text 838255 to connect	Free confidential recourse for Veteran in crisis and their families and friends, including veterans not registered with the VA
<i>*** This is a working Document, not a Comprehensive list, Last Updated 9/2/2020 ***</i>		